

# CLIMBING HARNESSSES

EN Sit harness for climbing.  
IT Imbracatura bassa per arrampicata.  
FR Harnais cuissard pour l'escalade.  
DE Klettergurt.  
ES Arnés de cintura para escalada.  
PT Cadeira de baixa para escalada.  
SE Låg klättringsele.  
NO Sittsesle til klatring.  
FI Matolai kiipeilyvaljaat.  
DK Siddeleie til klatring.  
NL Zitgordel voor klimmen.  
SI Plezalni pas za alpinistično in športno plezalje. Horolezecká sedačka.  
TR Tırmanma ari kosunu.  
CN 攀登坐式安全带.



MADE IN EUROPE  
EN 12277:2007 - TYPE C

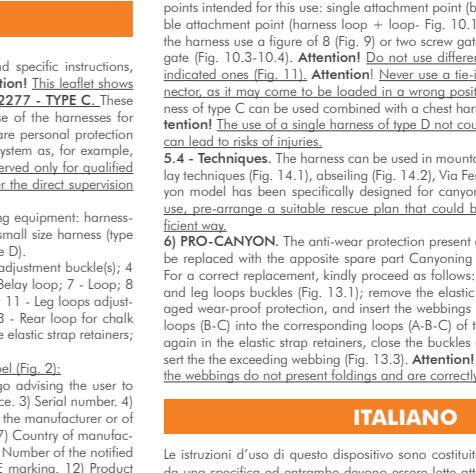
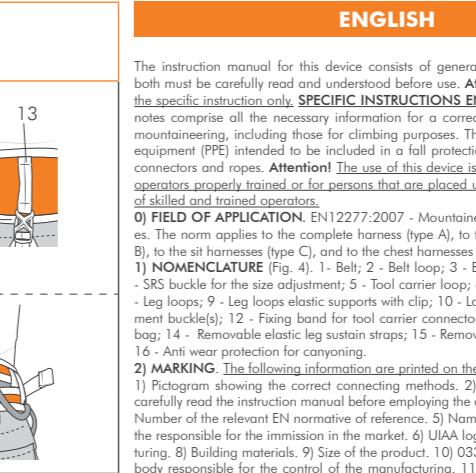
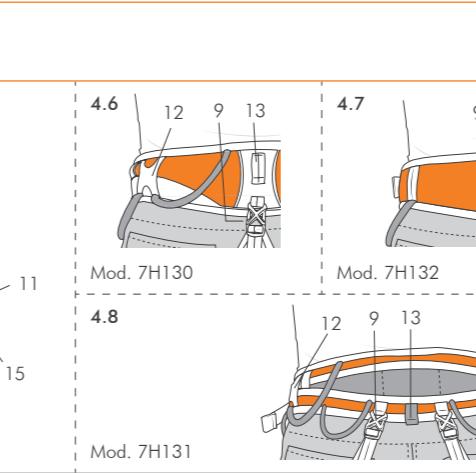
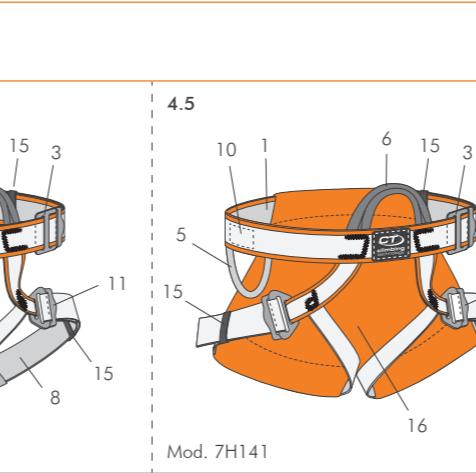
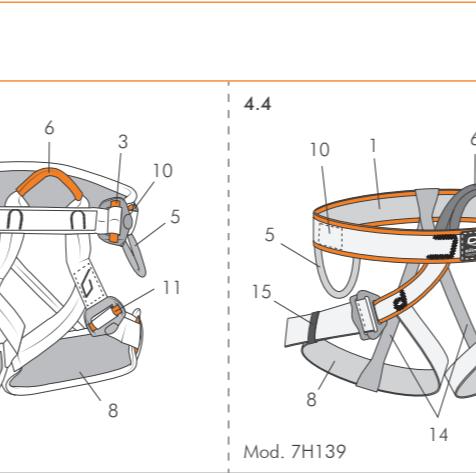
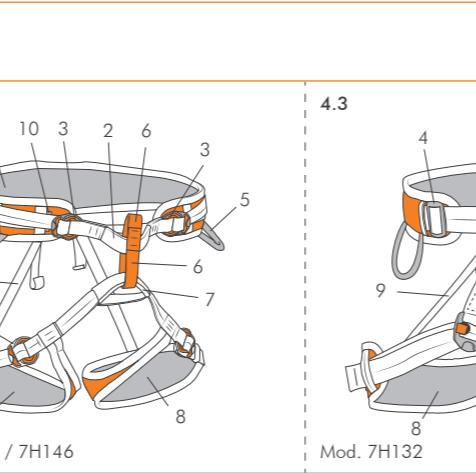
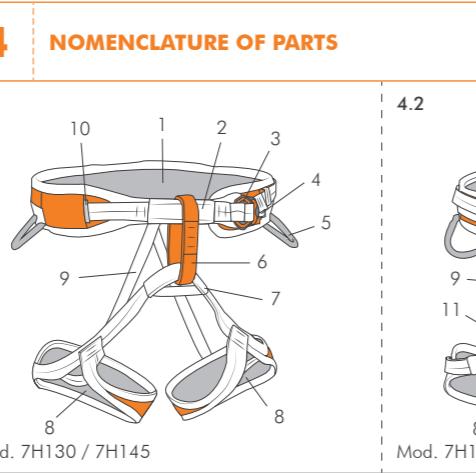
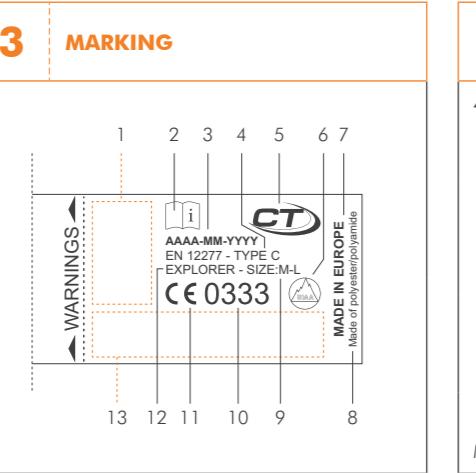


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IST51-7H130CT Rev.1 12/15

89/686/CEE -  
Personal Protective Equipment against falls from a height.

1 MODELS		
ON-SIGHT	ASCENT WALL / ANTHEA	EXPLORER
7H130 / 7H145	7H131 / 7H146	7H147 / 7H148
DISCOVERY	PRO-CANYON	CANYONING PROTECTION
7H139	7H140	7H141



points intended for this use: single attachment point (below loop - Fig. 10.2) or double attachment point (harness loop + loop - Fig. 10.1). For connecting the rope to the harness use one of figures 8 (Fig. 9) or two screw gate connectors having opposed gate (Fig. 10.3-10.4). **Attention!** Do not use different attachment points than the indicated ones (Fig. 11). **Attention!** Never use a tie-in method with only one connector, as it may come to be loaded in a wrong position across the gate. The harness of type C can be combined with a chest harness of type D (Fig. 14.3). **Attention!** The harness can lead to risks of injuries.

The instruction manual for this device consists of general and specific instructions, both must be carefully read and understood before use. **Attention!** This leaflet shows the specific instruction only. **SPECIFIC INSTRUCTIONS IN 12277 - TYPE C.** These notes comprise all the necessary information for a correct use of the harnesses for mountaineering, including those for climbing purposes. They are personal protection equipment (PPE) intended to be included in a fall protection system, as for example, connectors and ropes. **Attention!** The use of this device is reserved only for qualified operators properly trained or for persons that are placed under the direct supervision of skilled and trained operators.

0) FIELD OF APPLICATION. EN12277:2007 - Mountaineering equipment: harnesses. The norm applies to the complete harness (type A), to the small size harness (type B), to the sit harnesses (type C), and to the chest harnesses (type D).

1) FIELD OF USE. (Fig. 4.1) - Belay - Belay belt - Adjustment buckle(s); 4 - SRS buckle; 5 - Leg loops; 6 - Leg loops supports with clip; 7 - Leg loop; 8 - Leg loops; 9 - Leg loops elastic supports with clip; 10 - Label; 11 - Leg loops adjustment buckle; 12 - Fixing band for tool carrier connector; 13 - Rear loop for chalk bag; 14 - Removable elastic leg sustainer straps; 15 - Removable elastic strap retainers; 16 - Anti-wear protection for the harness.

2) MARKING. The following information are printed on the harness (label Fig. 2):

1) Pictogram showing the correct connecting methods; 2) Logo advising the user to carefully read the instruction manual before employing the device; 3) Serial number; 4) Number of the relevant EN normative of reference; 5) Name of the manufacturer or of the responsible for immision in the market; 6) U.I.A.A. logo; 7) Country of the manufacturing material; 8) Name of the product; 10) 0333 - Number of the notified body responsible for the device; 11) Date of issue; 12) Product model; 13) Pictogram showing how to close and fix the adjustment buckle.

3) TRACEABILITY. Discovery and Pro-Canyon models (Fig. 4.6) individual serial number (AAAA-MM-YYYY) composed by progressive number (AAAA), month (MM) and year of manufacture (YYYY). Other models: month (MM) and year of manufacture (YYYY).

4) SAFETY CHECK LIST. Check carefully before each use: webbings and stitching do not present cuts, abrasions, burns or corrosion; the buckles don't present signs of wear, holes, corrosion or deformation. During each use: regularly check the good working conditions of the device comprising the correct placing of the other components included in the system; pay attention to humidity and ice conditions because they could jeopardize the resistance of the device. **Attention!** It is important to check regularly the buckles and/or the adjustment devices during the use. **Attention!** The performances of a device may decrease due to ageing or to an improper storage.

5) USER INSTRUCTIONS.

5.1 **Wearing.** Check harness with the suitable size (Fig. 2). Wear the harness so that the belt and the leg loops are positioned at the correct height (Fig. 7). Adjust the belt using the adjustment buckle(s) (Fig. 5), so that it fits perfectly to the body, without being too tight (Fig. 6.1). Adjust the leg loops using the adjustment buckles, if present, and the support elastics, so that one hand can pass between the leg loop and the user's leg (Fig. 6.2-6.3). **Attention!** Before use, it is necessary to carry out a hanging test in a safe environment, in order to ensure that the harness has the correct size, owns the possibility of a suitable adjustment and an acceptable comfortability level for the intended use.

5.2 **SRS SYSTEM (SIZE REGULATION SYSTEM).** After wearing and adjusting the harness as indicated in section 5.1, the SRS system must be activated. For the harnesses of the series 7H130/7H145, move the SRS buckle towards the belt loop, so that the final part of the belt is stabilized (Fig. 8.1-8.2). Insert the exceeding webbing into the opposite strap retainers (Fig. 8.3). • 7H132. After adjusting the belt operating on the adjustment buckle (3) (Fig. 8.4-8.5), the belt might be not centred compared to the belt loop (Fig. 8.5). In order to optimise the positioning, slip the webbing of the belt inside the SRS buckle (Fig. 8.6).

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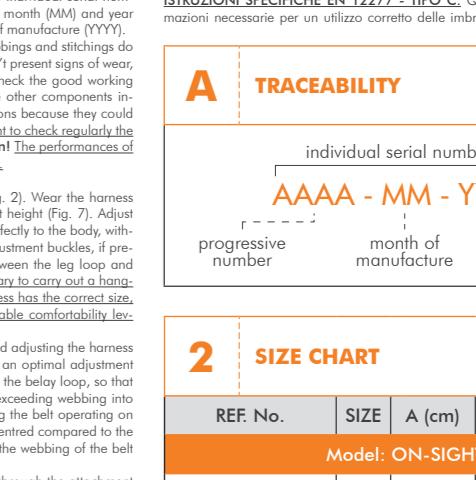
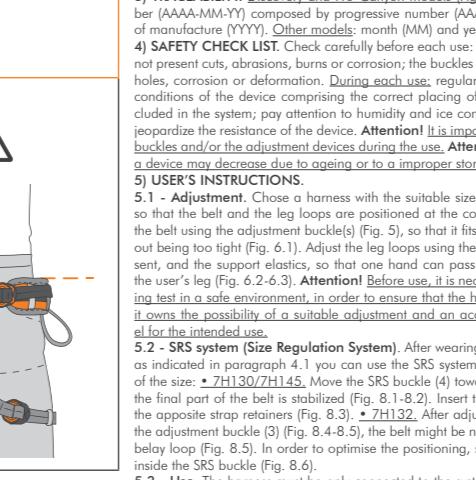
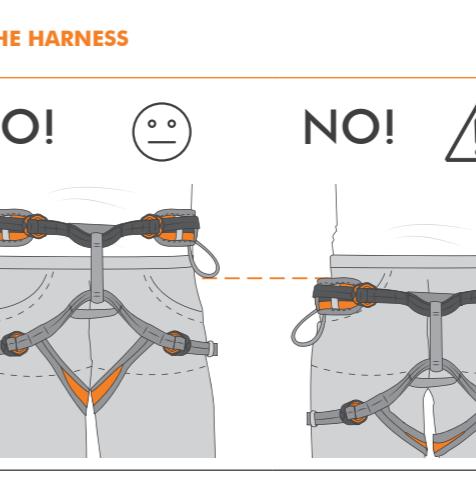
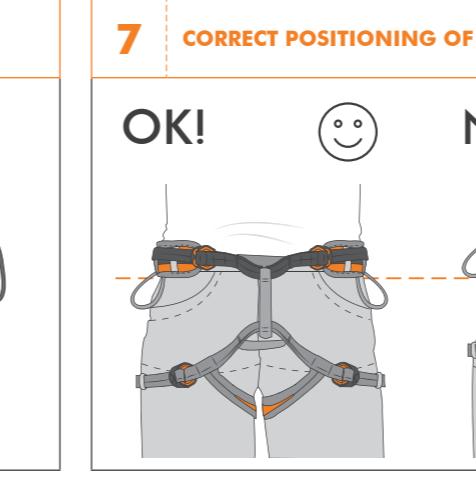
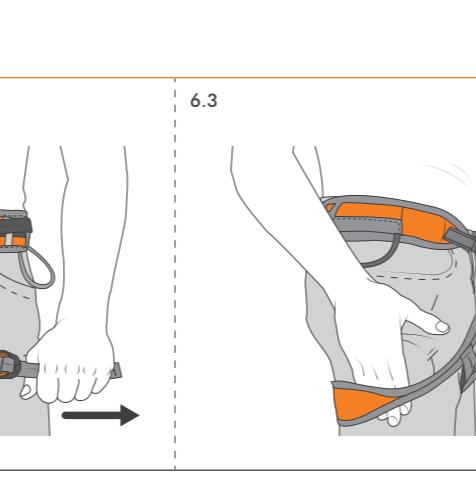
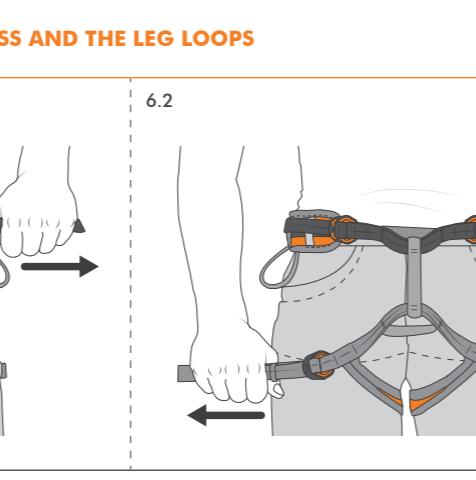
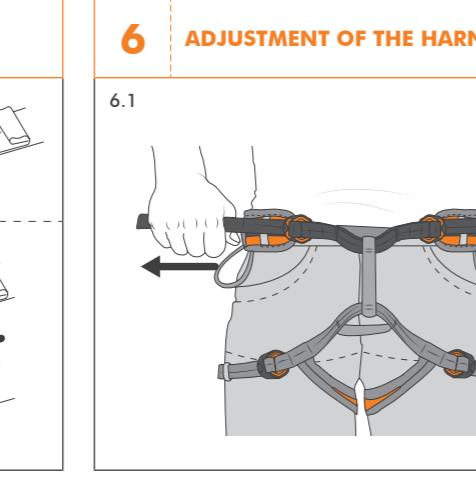
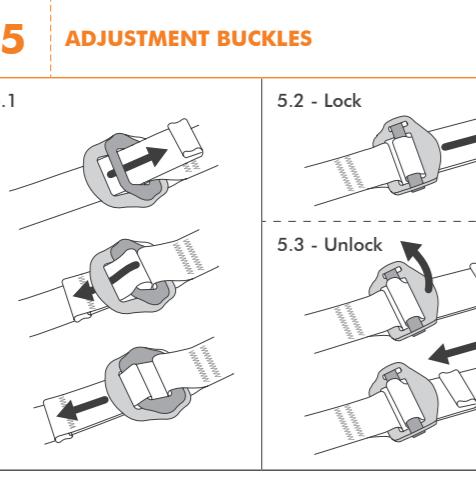
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